



## **Skeena Watershed Conservation Coalition**

*Cultivating a sustainable future from a sustainable environment*

*Rooted in our culture and thriving wild salmon ecosystem*

# **2018 Youth-On-Water & Women-On-Water**

YOW is focused on empowering regional youth through water level activities. YOW helps participants develop tangible, transferrable job skills while connecting them to their local landscapes. It cultivates both a sense of adventure and social responsibility in our youth

WOW takes the program one step further and fosters a restorative process for women. As the women increase their understanding about the watershed and develop confidence on the water, they are also able to increase their sense of self-worth, social belonging, and trust.

**Length:** 5 days-with participants returning home every night and meeting again in the morning.

**Time:** 9am-4pm

**Where:** There is a central location in each community where the participants will meet.

**Who:** Youth ages 15-19 and Women ages 15 and up.

**How Much:** There is no cost for the program.

**What:** Non-cotton clothing to wear under the wetsuit, and a water bottle. Wetsuit, booties, lifejacket, helmets, and food is provided.

**PARENTS OR GUARDIANS MUST BE THERE ON THE FIRST MORNING OF THE PROGRAM TO SIGN A WAIVER!**

### 2018 YOW/WOW Schedule:

- **Terrace WOW: July 2-6th**
- Terrace YOW: July 9-13th
- Smithers YOW: July 16-20th
- Moricetown YOW: July 23-27th
- Gitsegukla YOW: July 30-August 3rd
- Hazelton YOW: August 6<sup>th</sup>-10th
- **Hazelton WOW: August 13<sup>th</sup>-17th**

For more information contact Anissa Watson 250-842-8906 or at [anissa@skeenawatershed.com](mailto:anissa@skeenawatershed.com)

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